

# Day-2 Wave Fixes

Six quick fixes for second-day waves, plus the signs that a wash is the better choice.

Tape it to your mirror, find what your hair's doing this morning, and you'll have it fixed in a few minutes.

MIST YOUR HAIR UNTIL IT'S

**Damp, not dripping**

USE LESS PRODUCT THAN ON

**Wash day**

DIFFUSE ON

**Low heat, low speed**

## What you need

- ☐ A spray bottle of plain water
- ☐ The gel, mousse, or curl cream you already use
- ☐ A leave-in conditioner
- ☐ A few hair clips
- ☐ A cotton T-shirt or microfiber towel

## Frizz, flat roots, and stretched ends

- 1 Frizz on top: mist the top layer, smooth a little gel over it with flat hands, then scrunch.
- 2 Flat roots: flip your head over, scrunch your roots, and clip them up while they dry.
- 3 Stretched or stringy ends: mist them until they're damp, scrunch in a little curl cream or gel, and let them air dry.

## Start with less product

Your hair still has some of yesterday's product on it, so a full wash-day amount is the fastest way to end up with flat, crunchy waves. Fine waves need the least. You can always add more.

## Dents, tangles, and crunch

- 1 Dents and bedhead: wet your hands, smooth them over the dent, and scrunch it back into shape.
- 2 Tangles at the back: work them out with your fingers while your hair's dry, then mist and smooth in a little leave-in.
- 3 Crunchy product: rub a drop of light oil between your palms and scrunch until the crunch breaks.

## Wash instead if

- ✕ Your roots are greasy and your waves are flat at the same time.
- ✕ You see white flakes of product on your strands.
- ✕ Your scalp is itchy, sore, or scaly.
- ✕ You've already used dry shampoo once or twice since your last wash.

## Tonight, so there's less to fix

- Wear a loose pineapple or a loose braid, never pulled tight.
- Sleep on a satin or silk pillowcase, or in a satin or silk bonnet.
- Use a scrunchie or a coated hair tie instead of a bare elastic.

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